

# Grass Fed Beef

High in Omega-3  
Fatty Acids

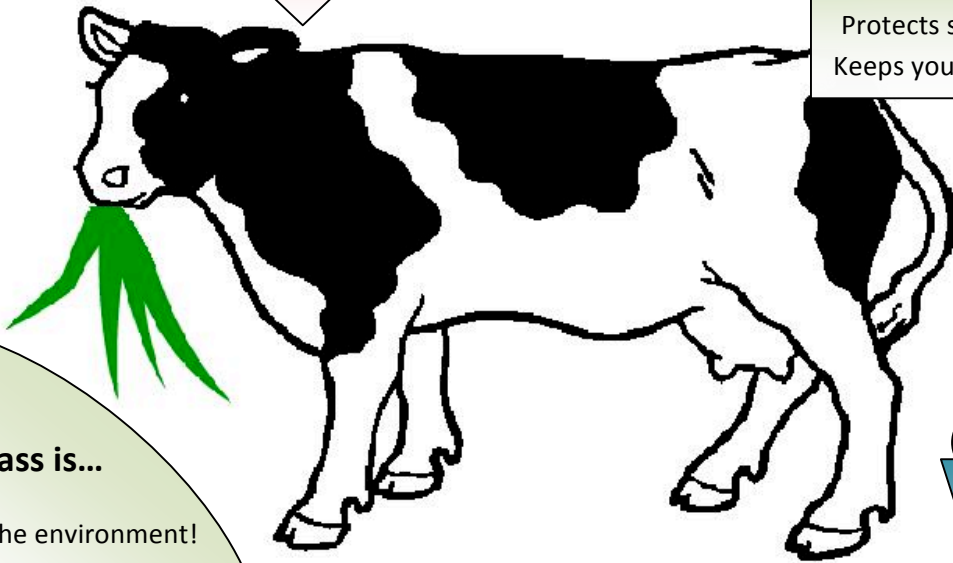
Anti-inflammatory



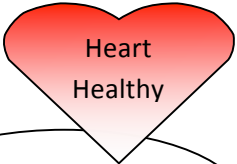
High in Beta-Carotene,  
that becomes Vitamin A



Bone Health  
Normal Vision  
Protects skin from disease  
Keeps you from getting sick



**Grass is...**  
Better for the environment!  
Healthy for the Cow!



High in Vitamin E

Antioxidant  
Cancer  
Protection

May Protect You From:  
\* Cancer  
&  
\* Getting Sick

Low in  
Total Fat &  
Saturated Fat



High in  
Conjugated  
Linoleic Acid

May help  
you stay a  
healthy  
weight

